


Finger Lakes State Park

Park & Contact Information	Description	Directions
<p>Allan H. Treman State Marine Park c/o Robert H. Treman State Park 105 Enfield Falls Rd. Ithaca, NY 14850 (607) 273-3440 (607) 272-1460 (marina office, summer)</p>	<p>Allan H. Treman State Park is one of the largest inland marinas in New York State. It boasts 370 seasonal, 30 transient and 30 dry boat slips. The park has picnic areas and playing fields and provides access to the Barge Canal and Seneca Lake.</p>	<p>Route 89, north of Ithaca, southern end of Cayuga Lake, western shore.</p>
<p><u>Buttermilk Falls State Park</u> c/o Robert H. Treman State Park 105 Enfield Falls Rd. Ithaca, NY 14850 (607) 273-5761 (summer) (607) 273-3440</p>	<p>Buttermilk Falls State Park takes its name from the foaming cascade formed by Buttermilk Creek as it flows down the steep valley side toward Cayuga Lake. The upper park has a small lake, hiking trails through woodlands and along the gorge and rim, picnic areas and playing fields. The lower park has a campground, pool and playing fields, beyond which is Larch Meadows. Larch Meadows is a moist, shady glen and wetland area through which a nature trail winds. Park activities including tours through Buttermilk gorge are offered weekly from July 4th through Labor Day</p>	<p>Route 13 south of Ithaca</p>
<p>Cayuga Lake State Park 2678 Lower Lake Road Seneca Falls, NY 13148 (315) 568-5163</p>	<p>Cayuga Lake State Park's terrain is flat at lakeshore, where the beach and sun lawns are, then slopes gently uphill to campsites and cabins. The scenic highlight of the park is its expansive view of Cayuga Lake. In the shallow water near the park, largemouth bass, bullheads and carp thrive. In deeper water, anglers can catch northern pike, small mouth bass, lake trout, landlocked salmon and many other varieties of fish. The park has a boat launch, playground, playing field.</p>	<p>Rte 89, north end of Cayuga Lake, West Shore.</p>
<p>Chimney Bluffs State Park 7700 Garner Road Wolcott, NY 14590 (315) 947-5205</p>	<p>Land and water clash at Chimney Bluffs, sculpting the most dramatic landscape on the Lake Ontario shore. You can experience massive earthen spires from above or along</p>	<p>From Route 104: travel north on Bluff Rd. to the park entrance off Garner Rd.</p>

	the lakeshore on nature trails. Day-use services include picnic areas, nature trails and restrooms.	
Darien Lakes State Park 10289 Harlow Road Darien Center, NY 14040 (585) 547-9242 (585) 547-9481	Darien Lakes State Park's terrain is hilly with woodlands, ravines, streams and 12-acre Harlow Lake. The park has a total of 158 campsites (45 electrified and 113 non-electric) with heated comfort stations and showers, a sandy beach, playgrounds, fishing for largemouth black bass, hiking and horseback riding trails, picnic areas and a rustic bridge over the lake channel to Picnic Island. In winter, multiple-use trails are open for hiking, cross-country skiing and snowmobiling and a maintained and heated building for an outdoor skating rink. Darien also has two picnic shelters available for a fee by reservation only	Use exit 48A - Pembroke Exit of the NYS Thruway, I-90, and follow the signs South on Rte. 77 (Allegany Road) to Darien Lakes State Park. Three miles from Darien Lakes Amusement and Camping Resort.
Fair Haven Beach State Park Route 104A, P.O. Box 16 Fair Haven, NY 13064 (315) 947-5205	Fair Haven Beach State Park has one of the finest public lakefronts in upstate New York, with high bluffs above sandy beaches and hilly woodlands. Inland, there is Sterling Pond, surrounded by campsites and cabins, eight of the latter winterized. The park also offers three Full Service Accommodations which provide guests with a shower, refrigerator, a range, a microwave, pillows, bedding, cooking utensils, dishes and a coffee maker. The swimming and fishing are excellent. Rowboats, paddleboats and canoes are for rent and the park has a boat launch and a recreation building. The recreation building is available for rental.	On Lake Ontario, southwest of Oswego on Rte 104A, 2 miles north of Fair Haven
Fillmore Glen State Park 1686 St. Rte. 38 Moravia, NY 13118 (315) 497-0130	Fillmore Glen State Park is an oasis of cool, dense woods crowding into a long, narrow gorge. Its hiking trails offer spectacular views, unique geological formations, including five waterfalls, and a botanically rich glen. The park has 60 campsites, a stream-fed swimming pool and fishing in the Owasco Lake inlet. Park activities including tours through the gorge	Route 38, one mile south of Moravia. South of Owasco Lake

	are offered from July 4th to Labor Day. In the winter, hiking, cross-country skiing and snowmobiling are permitted on unplowed roads.	
Hamlin Beach State Park 1 Camp Road Hamlin, NY 14464 (585) 964-2462	Hamlin Beach State Park's clear water, sandy beaches and 264 tent and trailer campsites bring thousands of visitors to the park each year. The environmental education center in the Yanty Creek Marsh area at the east end of the park has a mile long self-guided nature trail. In addition, there are 10 miles of hiking and biking trails, as well as snowmobile and cross-country skiing trails. Visitors can launch car-top boats, fish for salmon and trout and enjoy the picnic facilities.	South shore of Lake Ontario. Use the Lake Ontario State Parkway to the Hamlin Beach State Park exit.
Harriet Hollister Spencer State Recreation Area 1082 Route 36 South Dansville, NY 14437 (585) 335-8111	Harriet Hollister Spencer Recreation Area provides picnic tables, hiking, cross-country skiing and biking trails. Deer hunting is permitted in season. Small game hunting is not permitted at any time.	Candice Hill Road, 6 miles south of Honeoye.
Keuka Lake State Park 3370 Pepper Road Bluff Point, NY 14478 (315) 536-3666	Keuka Lake State Park, located in the heart of wine country, has a gentle charm, offering views of vineyard-covered slopes, glimmering water and clear blue sky. The park's camping areas have 150 tent and trailer sites. A swimming beach, picnic shelter, boat launch ramp, docking space and hiking trails open several recreational avenues to visitors.	Route 54A, 6 miles west of Penn Yan. On the north end of the west branch of Keuka Lake
Lakeside Beach State Park Route 18 Waterport, NY 14571 (585) 682-4888	Lakeside Beach State Park offers an outstanding panoramic view of Lake Ontario and surrounding farms and fruit orchards. No swimming is allowed, but 274 campsites, four miles of hiking and biking trails, fishing along the lake front, picnic grounds and playing fields bring thousands to the park. Winter activities include hiking, cross-country skiing and snowmobiling.	On Lake Ontario, off of the Lake Ontario State Parkway, 10 miles north of Albion on Route 18 west.
Letchworth State Park	Letchworth State Park, renowned as the "Grand Canyon of the East,"	Along the Genesee River, 35 miles south of

<p>1 Letchworth State Park Castile, NY 14427 (585) 493-3600</p>	<p>is one of the most scenically magnificent areas in the eastern U.S. The Genesee River roars through the gorge over three major waterfalls between cliffs--as high as 600 feet in some places--surrounded by lush forests. Hikers can choose among 66 miles of hiking trails. Trails are also available for horseback riding, biking, snowmobiling and cross-country skiing. Letchworth offers nature, history and performing arts programs, guided walks and tours, a summer lecture series, whitewater rafting, kayaking, hot air ballooning and two pools for swimming. Winter activities include ice skating, snow tubing, cross-country skiing, snowmobiling and horse-drawn sleigh rides.</p>	<p>Rochester. Exit 7 Interstate 390</p>
<p><u>Robert H. Treman State Park</u> 105 Enfield Falls Rd. Ithaca, NY 14850 (607) 273-3440</p>	<p>Robert H. Treman State Park an area of wild beauty, with the rugged gorge called Enfield Glen as its scenic highlight. Winding trails follow the gorge past 12 waterfalls, including the 115-foot Lucifer Falls, to where visitors can see a mile-and-a-half down the wooded gorge as it winds its way to the lower park. Campers can choose from tent or RV sites or cabins. Enjoy nine miles of hiking trails, or swim in a stream-fed pool beneath a waterfall. Swimming is allowed in lifeguarded area only.</p>	<p>Route 13, 5 miles south of Ithaca, on Route 327. South end of Cayuga Lake</p>
<p>Sampson State Park 6096 Route 96A Romulus, NY 14541 (315) 585-6392</p>	<p>Sampson State Park was once a naval training station, then an Air Force base before becoming a state park. Military roads and buildings have been replaced with grasses, wildflowers, shrubs and trees on flat, rolling woodlands surrounding ravines. The focal point of the park is the 123-berth marina for seasonal and transient boaters. There are 245 electric campsites and 64 non-electric sites, picnic areas, playground and playing fields that include tennis, basketball and volleyball courts, a swimming beach, a recreation building, and organized activities including tours,</p>	<p>Route 96A, 11 miles south of Geneva. East shore of Seneca Lake, off Route 96A.</p>

	hikes and wildlife watches. Seneca Lake is famous for its trout fishing.	
<p>Seneca Lake State Park 1 Lakefront Drive Geneva, NY 14456 (315) 789-2331</p>	<p>Seneca Lake State Park overlooks blue water, creating a relaxing experience for swimmers and picnickers. Children will be especially delighted with our Sprayground and Playground facilities. The Sprayground is the first of its kind built in the New York State Parks system with over 100 water jets that spontaneously spray water. Neighboring the Sprayground is the playground with equipment for children ages 4-12. This park also offers 2 excellent marinas, with a total of 132 electric slips and 84 non-electric slips. Transient slips available at both marinas.</p>	<p>Routes 5 & 20, 1 mile east of Geneva. North end of Seneca Lake</p>
<p>Stony Brook State Park 10820 Route 36 South Dansville, NY 14437 (585) 335-8111</p>	<p>Stony Brook State Park's terrain comprises hilly woodlands, a deep gorge with rugged cliffs overlooking three waterfalls and fascinating rock formations. 125 tent and trailer campsites are scattered in the woodlands above the gorge in the upper or south end of the park. Visitors can hike rim, gorge or nature trails, play tennis on park courts, picnic or swim in either of two stream-fed pools. In winter, three miles of cross-country trails are available for skiers. Some winter hiking is allowed, but not on the gorge trails.</p>	<p>Off I-390 to Route 36 south, 3 miles south of Dansville</p>
<p>Taughannock Falls State Park 2221 Taughannock Road Trumansburg, NY 14886 (607) 387-6739</p>	 <p>Taughannock Falls State Park's namesake waterfall is one of the outstanding natural attractions of the Northeast. Taughannock Falls plunges 215 feet past rocky cliffs that tower nearly 400 feet above the gorge. It can be seen from two lookout points: one from below at the end of the 0.75-mile Gorge Trail, the other from above at the Falls Overlook on Taughannock Park Road. Gorge and rim trails offer spectacular views from above the falls and from</p>	<p>Route 89, 8 miles north of Ithaca.</p>

	<p>below at the end of the gorge trail. Campsites and cabins overlook Cayuga Lake, with marina, boat launch and beach nearby. A multi-use trail--hiking, cross-country skiing--winds past sledding slopes and natural skating ponds. Boat Launch Site not suitable for any type of sailboat. The park also offers organized activities including tours through the Taughannock Gorge and summer concerts along the lakefront.</p>	
<p>Watkins Glen State Park P.O. Box 304 Watkins Glen, NY 14891 (607) 535-4511</p>	<p>Watkins Glen State Park is the most famous of the Finger Lakes State Parks, with a reputation for leaving visitors spellbound. Within two miles, the glen's stream descends 400 feet past 200-foot cliffs, generating 19 waterfalls along its course. The gorge path winds over and under waterfalls and through the spray of Cavern Cascade. Rim trails overlook the gorge. Campers and day-visitors can enjoy the Olympic-size pool, scheduled summer tours through the gorge, tent and trailer campsites, picnic facilities and excellent fishing in nearby Seneca Lake or Catherine Creek, which is renowned for its annual spring run of rainbow trout.</p>	<p>Near south end of Seneca Lake, off Route 14. Main entrance, Village of Watkins Glen</p>