



Hudson Valley State Parks

Park & Contact Information	Description	Directions
<p>Bear Mountain State Park Palisades Interstate Park Commission Bear Mountain, NY 10911 (845) 786-2701</p>	<p>Bear Mountain State Park is situated in rugged mountains rising from the west bank of the Hudson River. The historic Bear Mountain Inn overlooks Hessian Lake and provides fine food and overnight accommodations. The park features a large play field, shaded picnic groves, a dock on the Hudson for mooring small craft, lake and river fishing access, a swimming pool, a zoo and nature, hiking, biking and cross-country ski trails, and ski-jumps. An outdoor rink is open to ice skaters from late October through mid-March. The Perkins Memorial Tower atop Bear Mountain affords spectacular views of the park, the Hudson Highlands and Harriman State Park</p>	<p>From the Palisades Interstate Parkway (north or south): Get off at exit 19 (Bear Mtn. Park) and take Seven Lakes Drive for 3 ½ miles to the Bear mountain Circle. At the circle, take the second right. Follow the signs to Parking Lots. If you miss exit 19, take the Parkway to the Bear Mountain Bridge Circle. At this circle, make the first right onto 9W south and go to the traffic light. Bear right and go up the hill.</p> <p>From the North via I-87 (NY Thruway): Take I-87 south to exit 16 (Harriman). At the traffic light turn left onto Route 32, At third light, turn left onto Route 6 east. Take Route 6 east to the Queensboro Traffic circle. At circle, make the third right onto Palisades Interstate Parkway north. Take exit 19.</p> <p>From the North via Route 9W: Take 9W south to the Bear Mountain Bridge Circle. At the circle, go ½ way around to Route 9W south. At the first traffic light bear right and go up the hill. From the East/South via I-87/287: Cross the Tappan Zee Bridge. Go north/west to exit 13N (Palisades Interstate Parkway north). Go 19 miles to exit 19.</p> <p>From the north via I-84: Take I-84 west to the second exit after the Newburgh-Beacon Bridge (Route 9W south). Take Route 9W south about 18 miles to the Bear</p>

		<p>Mountain Bridge Circle. At the circle, go ½ way around to Route 9W south. At first traffic light, bear right and go up hill.</p>
<p>Clarence Fahnestock State Park 1498 Route 301 Carmel, NY 10512 (845) 225-7207</p>	 <p>Clarence Fahnestock Memorial State Park is a delight for outdoor enthusiasts. This 14,086 acre park, covering land in Putnam and Dutchess counties, boasts hiking trails, a beautiful beach, picnic areas, scenic campground, and abundant opportunities for boating, hunting, fishing, and birding. The park is also home to the Taconic Outdoor Education Center which provides high quality environmental programming and Fahnestock Winter Park which includes 15 kilometers of groomed trails for cross country skiing and snowshoeing, and an area for sledding.</p> <p style="text-align: center;">Hiking Trails</p> <p>Cross-Boundary Circuit -- Including trails in Fahnestock State Park and the Hubbard-Perkins Conservation Area, this 6-mile hike begins on Route 301, at the south end of Canopus Lake, and proceeds north on the Appalachian Trail (white). Turn left onto the Fahnestock Trail (blue) which leads west to a junction with the Charcoal Burners Trail (red). Turning left, follow the Charcoal Burners Trail south to where the Cabot Trail (white) turns off to the right. It leads west on a forest road. Just before the forest road enters a posted area, which should be avoided, the trail turns off sharply to the left. Continuing south, the Cabot Trail enters a field and ends at the Perkins Trail (yellow), where a left turn leads over several small ridges back to the Charcoal Burners Trail (red). Turn right on this trail, which crosses Route 301. Continuing south, it crosses the Old Mine Trail (yellow), then a stream before ending at the Three Lakes Trail (blue). Turn left on the Three Lakes Trail, then left on the Appalachian Trail (white) and continue back to Canopus Lake.</p>	<p>Taconic State Parkway: Exit at Putnam County Route 301 west. Proceed approximately ¼ mile. Park areas are located on both sides of the roadway.</p> <p>NYS Route 9: Take Putnam County Route 301 east. Proceed for approximately 5 miles. Park areas are located on both sides of the roadway.</p> <p>Metro-North: Commuter train to Cold Spring Station. Please arrange for taxi service prior to arrival. The park is located approximately 8 miles from the train station and the cost for taxi service is approximately \$20.00</p>

<p>Harriman State Park Palisades Interstate Park Commission Bear Mountain, NY 10911 (845) 786-2701</p>	<p>Harriman State Park, located in Rockland and Orange counties, is the second-largest park in the parks system, with 31 lakes and reservoirs, 200 miles of hiking trails, three beaches, two public camping areas, a network of group camps, miles of streams and scenic roads, and scores of wildlife species, vistas and vantage points. Harriman State Park's major facilities include Lakes Welch, Sebago, Tiorati and Silvermine, the Anthony Wayne Recreation Area, Sebago Cabins and Beaver Pond Campgrounds A good hike in the park are the Pine Meadow Lake Loop.</p>	<p>Off the Palisades Parkway, 30 miles north of New York City</p>
<p>Hudson Highlands State Park Route 9D Beacon, NY 10512 (845) 225-7207</p>	<p>A mostly undeveloped preserve of nearly 6,000 acres, Hudson Highlands State Park consists of a series of separate parcels of land stretching from Annsville Creek in Peekskill, north to Dennings Point in Beacon. The spacious park is perfect for outdoor activities such as fishing, boating, hiking, and birding. The Hudson Highlands and Hudson River provide spectacular backdrops for the many activities that can be enjoyed here. The park's extensive hiking trail network includes terrain that varies from easy to challenging. Trail maps can be obtained at the Clarence Fahnestock Memorial State Park office. The park's most well known trail – Breakneck Ridge was rated by Newsweek as one of the top 10 day hikes in America. The 5.5 mile Breakneck Ridge trail rises 1,250 feet in only a ¾ mile stretch. Please note that camping and use of fire are prohibited throughout the park</p>	<p>There are many access points to Hudson Highlands State Park. Please contact the park to obtain directions to the nearest access point</p>
<p>James Baird State Park 14 Maintenance Lane Pleasant Valley, NY 12569 (845) 452-1489</p>	<p>James Baird State Park is situated on farmland once owned by James Baird, a contractor and engineer whose firm constructed the Lincoln Memorial. In 1939 James Baird donated the 590 acres of land to New York State under the stipulation that it be known as James Baird State Park. There are spacious open and wooded picnic areas and two picnic pavilions which can accommodate up to 300 people each by reservation. There is also a sports complex where visitors enjoy playing basketball, softball, tennis and volleyball. Outdoor enthusiasts will find the seven miles of scenic wooded trails ideal for hiking in the warm months and cross country skiing and snowshoeing in the wintertime.</p>	<p>Located in the town of Pleasant Valley in Dutchess County, midway between New York City and Albany. Taconic Parkway: One mile north of exit for NYS Route 55/Pougkeepsie.</p>

<p>Lake Taghkanic State Park 1528 Route 82 Ancram, NY 12502 (518) 851-3631</p>	<p>Lake Taghkanic State Park, nestled next to Lake Taghkanic in the rolling hills and lush forests of Columbia County, offers a wonderful variety of recreational activities. The park has tent and trailer campsites and cabin and cottage camping facilities, two beaches, picnic grounds and a boat launch. In addition, the park has hiking, biking, cross-country ski and snowmobile trails. Ice skating and ice fishing are permitted when conditions are appropriate</p>	<p>Adjacent to the Taconic State Parkway, one mile south of the Route 82 interchange</p>
<p>Margaret Lewis Norrie State Park Old Post Road, P.O. Box 893 Staatsburg, NY 12580 (845) 889-4646</p>	<p>Margaret Lewis Norrie State Park adjoins Ogden Mills and Ruth Livingston Mills Memorial State Park and together, comprise more than one thousand acres. Margaret Lewis Norrie State Park offers a full menu of exhilarating recreational opportunities and activities for visitors of all ages. The numerous trails that thread through the grounds of both Mills and Norrie State Parks are ideal for walking, jogging, hiking, cycling, cross country skiing, and snow shoeing – treating visitors to fabulous views of the Hudson River which runs directly along the parks' western boundaries</p>	<p>Located approximately four miles north of Hyde Park in Dutchess County in the town of Staatsburg. NYS Thruway: Exit 19 (Kingston). Cross over the Kingston-Rhinecliff Bridge and head east on Route 199. Take Route 199 east to Route 9G south. Take Route 9G to Route 9. Turn right onto Route 9 and continue south through Rhinebeck. Staatsburg is approximately 5 miles south of Rhinebeck, directly off Route 9. Turn right onto Old Post Road and continue into Staatsburg. Entrance for the park is on the right</p>
<p>Old Croton Aqueduct State Historic Park 15 Walnut Street Dobbs Ferry, NY 10522(914) 693-5259</p>	 <p>Old Croton Aqueduct State Historic Park is a linear park which runs from Van Cortlandt Park at the Bronx County/City of Yonkers border to the Croton Dam in Cortlandt. In 1987 a section was reopened to supply the Town of Ossining and in 1992 the Old Croton Aqueduct was awarded National Historic Landmark Status. The scenic path over the underground aqueduct winds through urban centers and small communities. It passes near numerous historic sites, preserves, a museum highlighting the construction of the Aqueduct, and many homes. The Aqueduct's grassy ceiling provides abundant recreational opportunities for outdoor enthusiasts. While primarily for walking and running, parts of the trail are suitable for horseback riding, biking (except during "mud season"), bird watching, snowshoeing, and cross country skiing.</p>	
<p>Rockefeller State Park Preserve Box 338 Tarrytown, NY 10591 (914) 631-1470</p>	<p>Approximately 30 miles from the hustle and bustle of New York City, the Preserve is an idyllic spot for strolling, jogging, horseback riding, cross country skiing, and snowshoeing. With 180</p>	<p>Taconic Parkway north: Exit County Route 117 Pleasantville. At end of ramp, turn left. Proceed through 3 lights. Preserve</p>

	<p>recorded species of birds and its IBA (Important Bird Area) designation by the National Audubon Society, the Preserve is a must visit area for birders. In season, licensed anglers enjoy fishing for bass in the 22 acre Swan Lake and for brown trout in the Pocantico River. In addition the beauty of the Preserve inspires many artists and photographers to memorialize its scenic vistas.</p>	<p>entrance will be on the left. Taconic Parkway south: Exit NYS Route 100/Route 133 – Millwood/Mt. Kisco west. Turn left at end of ramp/traffic light onto NYS Route 100. Proceed south until NYS Route 100 joins with NYS Route 9A. Follow signs to merge onto NYS Route 9A south. Once on Route NYS 9A south, take 2nd exit – County Route 117/Pleasantville/N. Tarrytown. This is a left side exit. At end of exit ramp, turn right onto County Route 117 west. Preserve entrance is approximately 2 miles on the left. NYS Route 9: Proceed to County Route 117 east. Preserve entrance is one mile east on County Route 117 on the right side</p>
<p>Sterling Forest State Park 116 Old Forge Road Tuxedo, NY 10987 (845) 351-5907</p>	<p>Sterling Forest® State Park comprises 17,953 acres of nearly pristine natural refuge amidst of one of the nation's most densely populated areas, a remarkable piece of woodland, a watershed for millions, and a tremendous outdoor recreation area. This unbroken deep-forest habitat is important for the survival of many resident and migratory species, including black bear, a variety of hawks and songbirds and many rare invertebrates and plants. Hunting, fishing and hiking opportunities are available</p>	<p>Vistiors Center: From junction of Rtes. 17 & 17A, take 17A west 1.4 miles to left on Long Meadow Rd (Rte. 84). Go 3.5 miles to right on Old Forge Rd. Center is one mile on right</p>
<p>Storm King State Park Palisades Interstate Park Commission Bear Mountain, NY 10911 (845) 786-2701</p>	<p>Storm King State Park offers unsurpassed views of the Catskills and the Hudson Valley. Hikers and hunters enjoy this undisturbed green space</p>	<p>Rt.9W, south of Cornwall</p>

<p>Tallman Mountain State Park Palisades Interstate Park Commission Bear Mountain, NY 10911(845) 359-0544</p>	<p>Tallman Mountain State Park comprises wooded country on the easterly slope of the Palisades uplands overlooking the Hudson and Piermont Marsh, which lies between the river and the slope. The marsh is part of the Hudson River National Estuarine Research Reserve. The park operates as a day-use area, offering a swimming pool, running track, tennis courts, playfield, cross country skiing, a walking trail, hiking and picnic areas</p>	<p>Route 9W, 18 miles north of New York City</p>
<p>Taconic State Park Route 344, P.O. Box 100 Copake Falls, NY 12517 (518) 329-3993</p>	<p>Taconic State Park is located along 11 miles of the Taconic Mountain Range, sharing a border with Massachusetts and Connecticut. Two developed areas, Copake Falls and Rudd Pond, offer an extensive trail system with terrain that varies from easy to challenging, offering spectacular views</p> <p>Make sure to visit Bash Bish Falls while you are here.</p>	<p>Taconic Parkway - Copake Falls Exit at Claverack-Hillsdale Exit. Take Route 23 east for 8 miles into Hillsdale. Turn right onto Route 22 south and go 4 miles to Copake Falls. Turn left onto Route 344 east. Park entrance will be ½ mile on the left</p> <p>Taconic Parkway- Rudd Pond Exit at Pine Plains/Red Hook/Route 199. Take Route 199 east for 15 miles to Route 22. Turn left onto Route 22 north. Go 2 miles to Millerton. Turn right onto Route 44 east for ½ mile. Turn left onto Dutchess County Route 62. The park entrance will be 2 miles on the right side</p>